

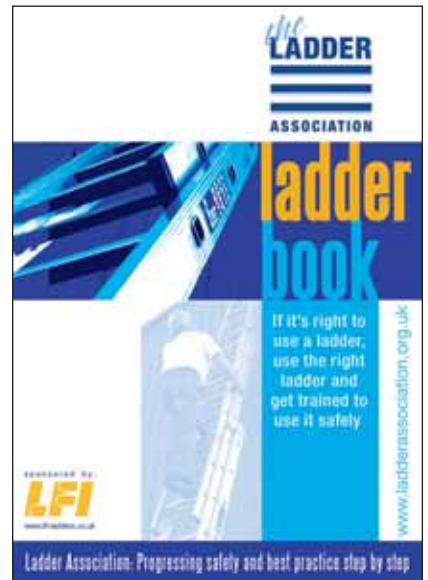
# Ladder Association launches the LadderBook

The Ladder Association has published the LadderBook, a 12-page best practice guide to the safe use of ladders and stepladders.

Containing a foreword by Eddie Bailey, Health & Safety Executive programme manager for Falls from Height, and an interview with Geoffrey Podger, chief executive of the HSE, it contains a wealth of information about an invaluable piece of workplace equipment.

The Association is committed to progressing safety and best practice step by step, adapting to the challenges facing the industry by positioning itself as the clear and acknowledged focus for ladders and stepladders in the marketplace.

The message from the association is unequivocal: if and when it's right to use a ladder, use the right ladder and get trained to use it safely. Despite the many myths circulating, the HSE has not banned ladders and for straightforward, short duration work, ladders and stepladders remain a good option, subject of course to a risk assessment. Sponsored by LFI Ladders, the LadderBook is available now. For a copy please email [info@ladderassociation.org.uk](mailto:info@ladderassociation.org.uk)



## Giving ladders a new lease of life

### 10 things you need to know about ladders

1. Ladders are not banned
2. If you are going to use a ladder, use the right ladder
3. Make sure you use it safely
4. Use it only for tasks of low risk and short duration
5. No single task should take longer than 30 minutes
6. For longer jobs consider another type of access equipment
7. Eliminate or reduce the risks before proceeding
8. Always plan ahead
9. Make sure you're competent to use a ladder
10. Training is the key to competency

### New poster promotes competency

The Ladder Association  
PO Box 183 Leeds LS11 1AG  
Tel: 0845 260 1048  
Fax: 0845 260 1049  
Email: [info@ladderassociation.org.uk](mailto:info@ladderassociation.org.uk)  
Web: [www.ladderassociation.org.uk](http://www.ladderassociation.org.uk)



The new Ladder Poster available from the Ladder Association.

## Ladder Association training: The definitive standard

The Work at Height Regulations demand sensible risk management, the proper planning and organising of work, making sure that people working at height are competent and that the right equipment is used and selected.

Demonstration of competence is key, which is why the Ladder Association operates a national training scheme for users, supervisors and managers wanting to equip themselves with the knowledge, skills and confidence necessary to use ladders safely and productively.

Developed by experts who know and understand ladders and stepladders and speak the language, the course is increasingly recognised as the industry standard. Upon successful completion, every delegate receives a certificate of competence and LadderCard as objective proof of competence. All Ladder Association training centres are audited to ensure their continuing compliance with the high standards involved.

"Training is a natural and logical extension of our activities," says Don Aers chairman of the Ladder Association. "It is a practical expression of the association's commitment to encouraging safety and best practice."



## Giant LadderCard for 'Turbo' Burrows

Terry 'Turbo' Burrows, seven times world window cleaning champion, is pictured here receiving the new-style LadderCard. Having successfully completed the Ladder Association's standard training course, he was presented with the giant LadderCard at Windex 2008 by Richard Macleod, major account manager at the Youngman Group.

At the same event, David Walker, immediate past chairman of the association, delivered a presentation entitled 'If it's right to use a ladder, use the right ladder and get trained to use it safely'.

